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Quick task: Exploring the
Careers library

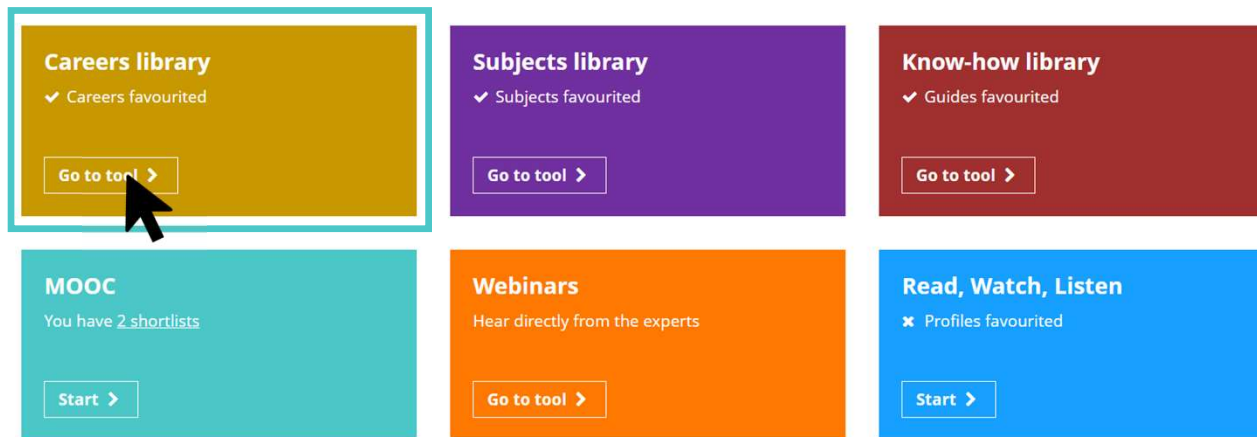
Using the Unifrog Careers library



The next few slides will show you how to use the Careers library tool.

- After logging into your Unifrog account, scroll down to 'Exploring pathways.'
- Click 'Go to tool' on the 'Careers library' tile.

Exploring pathways



Using the Unifrog Careers library



You can search the Careers library by:

Keyword, e.g. Computers

School subjects, e.g. Biology

Career sectors, e.g. Transport

Career area, e.g. Arts and Media

Skill, e.g. Accountability

Subject group, e.g. Animals

Theme, e.g. Green jobs

Personality type, e.g. INTJ

Interests, e.g. Artistic

Work environments, e.g. No long hours

Using the Unifrog Careers library

You will then see career profiles that are matches for your search.

Psychology as a school subject has been used as an example here:

Search by school subjects

Search for careers using the subjects you're studying at school that you like the most

Psychology ✕

Subject 2 (optional)

Subject 3 (optional)

Go >

School subject matches

Watch, favourite or read more...

[← Back](#)

Filter ▼ Keyword search >



Psychotherapist

Psychotherapists use talking therapy to support people who have mental health problems.

[Read the profile >](#)



Psychologist

Psychologists support people to overcome emotional challenges, and/or research human behaviour and the processes of the mind.

[Read the profile >](#)



Cognitive behavioural therapist

Cognitive behavioural therapists (CBT practitioners) use a form of talking therapy to help patients change thinking and behavioural patterns which are unhelpful to them.

[Read the profile >](#)

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Using the Unifrog Careers library

Click 'Read the profile' to find out more.



Click the heart button to add the profile to your Favourites.



Return to your search results at any time by clicking 'Back' on the career profile.



Psychotherapist

Psychotherapists use talking therapy to support people who have mental health problems.

[Read the profile](#)



Using the Unifrog Careers library



You'll be able to explore the following sections of the profiles:

- Vic
- Wh
- Wo
- Ca
- Sk
- En

Labour Market Information (LMI)

Current and predicted figures relating to the Florist profession. Median averages are shown, each with the specific career, or group of careers, that they apply to.

UK USA

Jobs

Other skilled trades

70,400

332 in your local area of Hackney

Top 5 local areas

1	Kent	1,936
2	Essex	1,896
3	Hampshire	1,612
4	Lancashire	1,541
5	St Helens	1,439

Salaries

Florists

£17,292

Other skilled trades

£28,722

£29,702 in your region of London

Top 3 regions

1	London	£29,702
2	South East	£29,675
3	East of England	£29,124

ment

What you'll do

Your work with clients could involve:

- encouraging them to talk about emotional or relationship problems
- analysing past events and behaviours so that changes can be made
- assessing their way of thinking and their feelings
- helping them develop new strategies for coping

You could work with adults or children, individually or in groups. You may also be involved in training non-client groups like social workers.

There are different types of psychotherapy, like cognitive behavioural therapy, humanistic therapy, or hypnotherapy. There are also different areas of life you can specialise in, like couples therapy, sex therapy, or family counseling. The approach you use will depend on your specialism and your clients' needs.

Record relevant activities you've already done on the [Activities tool](#) >

Using the Unifrog Careers library

Next time you visit the Careers library, you will see your favourite career profiles at the top of the page, so you can find them again easily.



Careers library
Find the best careers for you, then save your favourites here:

The carousel displays three career profiles, each with a representative image, a title, a brief description, and a 'Read the profile' link. Each card also features a red heart icon in the top right corner, indicating it is a favorite.

- Animal care assistant**
Animal care assistants look after animals in places like kennels, rescue centres, or sanctuaries.
[Read the profile >](#)
- Nursery worker**
Nursery workers help babies and children up to 5 years old to develop and learn in a safe and supportive environment.
[Read the profile >](#)
- Cognitive behavioural therapist**
Cognitive behavioural therapists (CBT practitioners) use a form of talking therapy to help patients change thinking and behavioural patterns which are unhelpful to them.
[Read the profile >](#)

You can also find them by clicking 'Favourites' at the top of your screen, then 'Library tools.'

Exploring the Careers library



Now it's your turn to explore careers!

If you're unsure where to start, search by school subjects and select up to three of your favourite subjects that you're currently studying.

Exploring pathways

Careers library ✓ Careers favourited Go to tool	Subjects library ✓ Subjects favourited Go to tool >	Know-how library ✓ Guides favourited Go to tool >
MOOC You have 2 shortlists Start >	Webinars Hear directly from the experts Go to tool >	Read, Watch, Listen ✗ Profiles favourited Start >



Remember to click the heart button to add a career profile to your Favourites.

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Sign in at:

unifrog.org/sign-in