

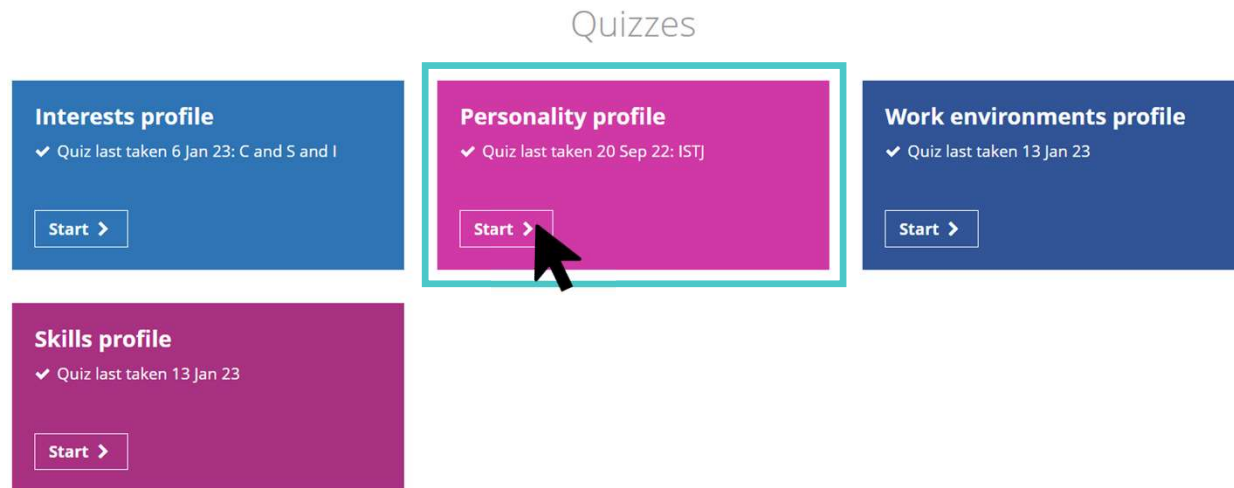
unifrog

Quick task:
Taking the Personality
profile quiz

Using the Unifrog Personality profile tool

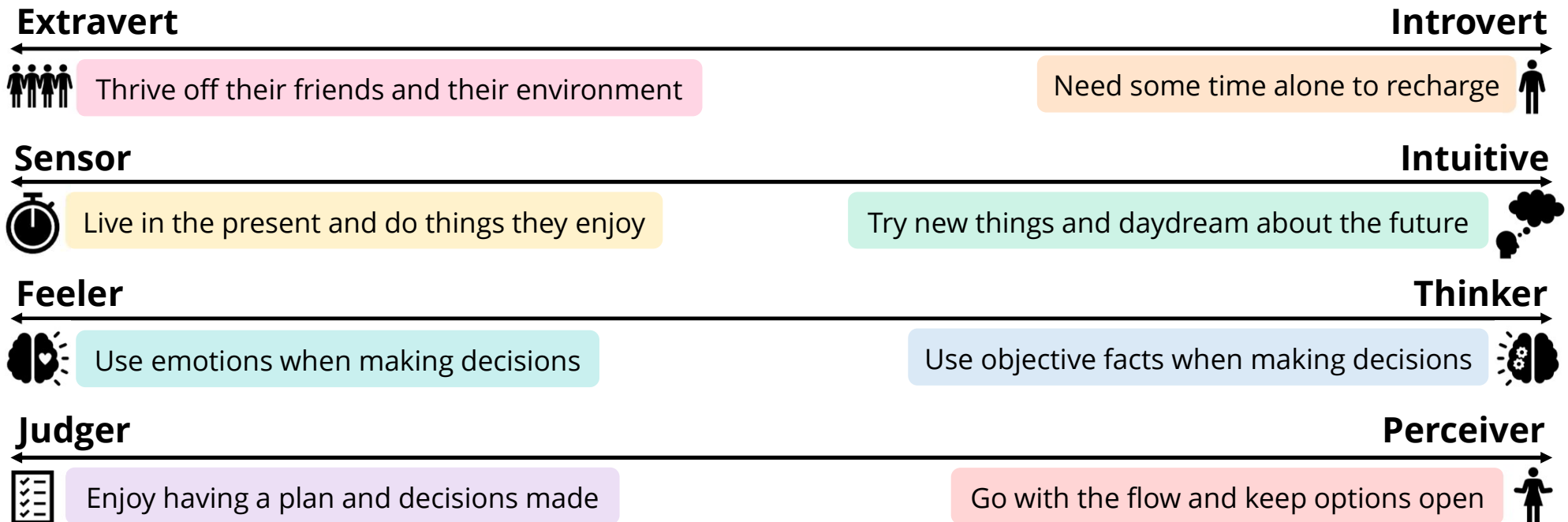
i The next few slides will show you how to use the Personality profile tool.

- After logging into your Unifrog account, scroll down to 'Quizzes.'
- Click 'Start' on the 'Personality profile' tile.



Using the Unifrog Personality profile tool

The Personality profile quiz is based on the following four personality scales:



Using the Unifrog Personality profile tool

- The quiz will ask you to answer a range of different questions.
- For each statement, you can select whether you disagree, agree, or somewhere in between.

5%

I am more interested in facts than in abstract ideas

DISAGREE



AGREE

Using the Unifrog Personality profile tool

- Once you are finished, click 'Get your results.'
- You will then see your closest personality type.

Get your results >



Your closest personality type

Like all of our personality type descriptions, this is an archetype. Depending on where you fall on each of the four scales, you might recognise yourself in more than one type - this can also change as you get older, or even depending on your mood or the situation. Also, two people with the same closest personality type can seem very different depending on things like their environment, values or interests. This description is a fun read that should encourage you to consider your skills from a new angle, and might teach you a few things about yourself - enjoy!



ISTJ - Vietnamese mossy frog

Practical, organised characters who enjoy getting things done the right way.

[More](#) ▾

Using the Unifrog Personality profile tool

Click 'More' to
read a full
description of
your closest
personality type.



ISTJ - Vietnamese mossy frog

Practical, organised characters who enjoy getting things done the right way.

[More](#)



ISTJs are independent, reserved characters with a strong sense of what is right. They take their responsibilities seriously and would never let a friend down. They are calm, honest and always keep their word. ISTJs feel extremely strongly about their friendships, but they're not always good at expressing it. They would prefer to do something helpful or enjoyable for a friend rather than have a heartfelt conversation, and since they notice little details and remember everything, they'll often know the perfect thing they can do.

ISTJs get a lot done, and they take pride in what they do - they would never be slapdash or abandon something without finishing it. They are practical, stick to things they know will work, and rarely get distracted. They like to finish their homework well before a deadline, and they prefer to work on their own. They have sharp minds, are confident in their own abilities, and dislike having to be dependent on others. This all means that group projects are not their favourite - they'd prefer to take on the whole thing themselves rather than have to deal with others handing in work late, being sloppy, or coming up with nonsense, impractical suggestions!

Using the Unifrog Personality profile tool

Scroll down further and you'll see your results in detail.

There will be four images to show where you fall on each of the four scales.



Using the Unifrog Personality profile tool

Click 'More info' to read a full description of the personality scale.



What it's about

The Extravert vs Introvert scale measures how you interact with other people, and whether you feel more energised when engaging with the outer world or with your own inner world.

Extraverts enjoy busy environments with lots of people, noise and activity. They prefer to spend most of their time with others, for example choosing group projects over solo work. They thrive off socialising and feel excited about meeting someone new. They can get bored when they are on their own for a while.

Introverts feel relaxed when they spend some time alone. They enjoy activities you can do on your own or in small groups, like reading or hiking. They prefer to have a few close friends rather than a big social group. When they spend time in an environment with lots of people, they can feel like they need a break from the action.

Taking the Personality profile quiz



Now it's your turn to take the quiz!

Answer all of the questions as honestly as you can.

Quizzes

Interests profile

✓ Quiz last taken 6 Jan 23: C and S and I

Start >

Personality profile

✓ Quiz last taken 20 Sep 22: ISTJ

Start >

Work environments profile

✓ Quiz last taken 13 Jan 23

Start >

Skills profile

✓ Quiz last taken 13 Jan 23

Start >

Extravert



Introvert



Sensor



Intuitive



Feeler



Thinker



Judger



Perceiver



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