



6th February 2025

Health Related Behaviour Surveys

Dear Families,

Our school, along with several others in Gateshead, has agreed to participate in a very important Health Related Behaviour Survey for our children and young people in Year 8 and Year 10. We've been invited to support the efforts of the Local Authority and Public Health, and our participation in the survey will provide valuable insights to:

- Guiding us in determining priority areas for development over the next two years.
- Serve as a foundation for discussions in staff, governor, and parent meetings, as well as classroom activities.
- Help us identify opportunities to enhance our existing programs.
- Contribute to the evaluation of our PSHE and pastoral work.

The survey method that we are using has been developed by the Schools Health Education Unit, Exeter and has been in use now for over 40 years. Over 3000 schools have used the survey, many of them regularly repeating the survey.

The questions concern a wide range of health behaviours, for example:

Personal background
Leisure and money
Exercise
Relationships

Drugs (vaping, alcohol, other)
Food and diet
Safety in person and online
Sexual health (Year 10 only)

The data collected from the questionnaire is completely anonymous; no student will be able to be identified at any point in the process.

The information collated from the Surveys will provide Gateshead Council with valuable data about the lives of children in Gateshead, which will be used to inform the development and delivery of Council provided and commissioned services.

Both the Local Authority and the school find the content of the questionnaire acceptable and appropriate; it has been customised to suit our local setting.

Each questionnaire is anonymous and confidential, and no pupil will be identified when the data is returned to the school. The Local Authority will receive an overarching report covering all schools in Gateshead. Data Protection concerns are covered in the attached Privacy Notice for pupils.



I hope you will agree with us that this is an exercise in which we wish to co-operate fully. There is currently no evidence-base that has data collected directly from our children and young people to help us use their voice in the work we do in Gateshead. If you do not wish for your child to take part in the survey then please contact your Head of House.

As part of the survey, it will be helpful if your child knows their partial postcode:

NE / DH _ _ _ (For example, NE3 4 or NE11 6)

The survey will be carried out between 10th to 31st March..

Yours faithfully

Mrs J Turner

Head Teacher