



September 2025

Year 7 Curriculum Overview - Autumn Term

Dear Families,

We are delighted with how smoothly our new Year 7 students have settled into life at St Thomas More. Their enthusiasm and positive attitude have made a fantastic impression, and we are very proud of the way they have embraced the challenges and opportunities of secondary school.

I wanted to take this opportunity to outline the subjects and topics your child will be exploring over the coming weeks. At St Thomas More, we believe that a strong partnership between home and school is essential for every child's success, and we greatly appreciate your ongoing support in your child's learning journey.

Below, you'll find a summary of what your child will be studying in each subject this term, along with some ideas for how you can help them continue their progress at home.

Year 7 Term 1 Curriculum

Subject	Topics
English	Ancient Origins: Homer's Odyssey
Maths	<ul style="list-style-type: none"> ● Rounding (decimal places) ● Calculations ● BIDMAS ● Negative Numbers ● Powers and Roots ● Factors, Multiples, Primes ● Highest Common Factor, Lowest Common Multiple ● Fractions Basics ● Decimal Basics ● Equivalence of Fractions, Decimals and Percentages
Science	Biology - Cells & Microscopy
	Chemistry -Working in a lab, The particle model
	Physics - Energy Resources and the Energy needs of consumers - Identifying and using forces
Religious Education	General and special revelation, recognising Creation and the existence of human beings as one way in which all human beings can come to know God using their own natural reason.



	Special revelation, introducing students to the significance of Sacred Scripture for Catholics.
History	How did the Normans change Britain? <ul style="list-style-type: none"> • What was England like before 1066? • How did William Duke of Normandy gain control of England?
Geography	UK Geography: Rivers
French	Introducing themselves (name, age, birthday) Letters of the alphabet Talking about likes and dislikes Talking about what they have in their bag Describing themselves and others
Music	The Elements of Music
Art	Colour project <ul style="list-style-type: none"> • Colour Theory • Skills & Techniques • Exploring artists who use colour • Presentation & evaluation of work
Information Technology (ICT)	Clear messaging in Digital Media Networks- from semaphores to the Internet
Food and Nutrition (12 week Carousel during the year)	Includes: Food Production, Cooking Techniques Ingredient Options and Hygiene & Safety
Design and Technology (12 week Carousel during the year)	Mechanical Toy/Biplane
Physical Education	Invasion Games Dance, Gymnastics & OAA (Outdoor Adventurous Activities)
Wider Curriculum	<ul style="list-style-type: none"> • To know what is expected of a STM learner and to know how to behave inside and outside of the classroom as well as the wider community. To know what is meant by character and what we can do to influence it. • To have an understanding of how to keep safe in school, online and to know the dangers of social media.

[The Taught Curriculum - School Website](#)



General Tips for Supporting Your Child’s Progress

- Establish a Routine: Help your child get used to secondary school by setting aside regular time each day for homework and reading, ideally in a quiet, distraction-free space.
- Encourage Independence: Ask your child about what they’re learning and encourage them to share new experiences or topics they find interesting.
- Stay Connected: Check their homework diary or Google Classroom together to keep track of assignments and upcoming events.
- Celebrate Progress: Praise your child’s efforts as they settle into new routines and celebrate their achievements, big or small.

Parents’ Evening (Online)

Year 7 Parents’ Evening - Thursday 19th March 2026

Assessment dates this academic year

Key Stage 3 Assessment Module 1:
Week commencing Monday 1st December 2025

Key Stage 3 Raising Achievement Plan (Preparing for End of Year Assessment)
Monday 20th April 2026

Key Stage 3 End of Year Assessment Module 2
Week commencing Monday 1st June 2026

If you have any questions or need further advice on how to support your child’s learning, please do not hesitate to contact us in school via the house emails addresses below.

St Bernadette	St Catherine Laboure	St John Fisher	St Therese
STM-StBQueries@stm.bwcet.com	STM-StCLQueries@stm.bwcet.com	STM-stjfqueries@stm.bwcet.com	STM-sttqueries@stm.bwcet.com

Thank you for your continued support in helping us provide the best possible education for your child. We look forward to working closely with you this term.

Yours sincerely,

Stephen Tait
Assistant Head Teacher

