



Monday 11th May 2026

PE Kit & Participation Expectations

Dear Families,

We are delighted to welcome Mr Beresford to the St Thomas More community as our new curriculum leader for P.E. Mr Beresford is working with the team to review the PE curriculum, facilities and procedures. Our aim is to ensure that all pupils enjoy their lessons and have the opportunity to maximise participation in physical activity throughout the school day, recognising the vital role it plays in their overall development. It is therefore essential that all pupils are fully prepared and able to take part in every lesson.

With this in mind I am writing to remind you of expectations regarding P.E. kit and P.E. participation, which will come into effect from **Monday 1st June**, following the half-term break. The procedures I am sharing are not new; however, we need to take a fresh and more rigorous approach to implementing them to ensure consistency across the school.

P.E. Kit Expectations

Pupils are expected to wear full P.E. kit for every lesson. This includes:

- A blue STM polo shirt
- Blue STM shorts, skort, tracksuit bottoms or leggings
- An optional STM hoodie

Correct footwear must be worn depending on the activity, either trainers or football boots. School shoes are not suitable for physical activity and must not be worn, as this presents a health and safety risk.

For safety and practical reasons, long hair must be tied back during P.E. lessons.

In the vast majority of cases, where pupils are injured or unable to fully participate, **they are still expected to wear their P.E. kit** and attend the lesson. In such cases, they will take on alternative roles such as coaching, officiating or scorekeeping, ensuring that all pupils remain engaged in learning.



If a pupil is injured, a **written note should be recorded in their planner** and shown to their teacher before entering the changing rooms. Please note that teachers may not always receive emails or telephone messages in time for the lesson, so a written note is requested.

Expectations if Kit is Forgotten

If a pupil forgets their P.E. kit, they must inform their teacher before entering the changing rooms. In order to ensure pupils can still participate fully, they will be expected to borrow school kit.

- Borrowing kit will result in a P.E. warning but **will not** lead to an immediate detention.
- However, repeated instances of forgotten kit may result in further consequences.

On the rare occasion a pupil refuses to borrow kit, the following consequences will apply:

- A **30-minute lunchtime detention on Wednesday**
- Failure to attend this detention will result in a second opportunity to complete this on a **Thursday lunchtime**
- If both opportunities are missed, an **after-school detention on Friday evening** will be issued.

Even when there are legitimate reasons for non-participation, pupils are still expected to wear their P.E. kit and engage appropriately in the lesson unless there is a medical reason why this is not possible.

We ask for your support in ensuring that your child arrives at school fully prepared for P.E. lessons. By doing so, you will help them gain the full benefit from this important part of the curriculum.

Thank you, as always, for your continued support.

Yours sincerely,

Jillian Turner
Head Teacher