St Thomas More Catholic School Sixth Form

Parent & Carer Bulletin

The Sixth Form Parent & Carer Bulletin provides you with key information to keep you up to date with what is going on in Sixth Form.

Issue No. 41 20th November 2026

General Notices

Year 12 - During Horizons this week, Year 12 students took part in a 'Getting Ready for Exams' session delivered by the Learning Enhancement Team from the University of East Anglia. The session focused on two key areas. The first, 'Preparing Well, Staying Calm', explored strategies to support wellbeing during the exam period, including mindfulness, breathing techniques and ways to manage feelings of stress and overwhelm. The second, 'Evidence-Based Revision Techniques', introduced students to effective study methods such as interleaving, retrieval practice and spaced repetition.
We know that students value practical guidance on how to revise effectively, and we hope this session has provided them with a range of useful strategies to support their preparation and maximise their performance in the January mock examinations.
A reminder that the deadline for students to submit the Work Experience Unifrog Form is 27th November 2026.

Year 13 - It has been wonderful to welcome our Year 13 students back following their mock examinations. Results are being shared with students in lessons over the coming weeks, and will be made available to parents and carers via Arbor on 4th December.
It has been particularly encouraging to see many students making excellent progress with their UCAS applications since returning. We would appreciate your support in encouraging students to continue working on their applications to meet the 4th December deadline. Students can speak to any member of the Sixth Form Team if they require additional guidance or support throughout the application process.

Key Upcoming Dates

- Wednesday 25th November - Virtual Parent Support Session - The Rise of the Manosphere - 5pm - 5.30pm
- Friday 27th November - Year 12 Unifrog Work Experience Form Deadline
- Friday 27th November - INSET Day
- Friday 4th December - UCAS Internal Deadline

Contacts
STM-SixthFormQueries@stm.bwcet.com

Absence reporting - STM-SixthFormQueries@stm.bwcet.com or
0191 499 0111 - option 1 and then option 2

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Opportunities next week

- **Unifrog Webinars** - linked here - coming up: *'Land your dream job: perfect your CV and written applications', 'Interview secrets to help you stand out and get hired', 'Interactive session: how to influence people and navigate tough conversations', 'Medicine taster: treating patients and discovering cures', 'The power of persuasion: how marketing influences what you buy', 'AI powered applications: stand out without sounding like a bot', 'Part one of a criminal investigation: can you solve the murder?', 'Studying in Italy: hear from students!', 'Routes into Law: exploring different pathways', 'Part two of a criminal investigation: can you justify the punishment?' and 'Business taster: how do you deal with the risk of cyber-attacks, extreme weather and disrupted supply chains?'.*

- **University of Cambridge events series** - linked here - coming up: *'St John's Webinars 2026-27 - Going to University and Subject Choices', 'Discover and Discuss: Classics', 'The Murray Edwards Sixth Form Lecture Series: The Existence and Nature of God with Dr. Steven Toussaint' and 'Problem Solving for Mathematics Interviews - free online webinar'.*

- **University of Oxford events** - linked here - coming up: *'Insight into Humanities Talks: Understanding the Drivers of Migration', 'Oxplore Livestream: Does music matter?', 'Insight Into Science: Wind Turbines - Generating and Producing Wind Energy', 'Insight Into Humanities: How can poetry speak to power? Greeks, Romans and fish', 'Insight Into Maths: Introduction to Quantum Computing', 'Insight Into Maths: An Introduction to the Linux Operating System' and 'Insight Into Humanities: Political Philosophy in the Age of AI'.*

- **University of Sunderland** - linked here - coming up: *'Dental Education at The University of Sunderland', 'Discover Your Path in Computer Science', 'Preparing for Derby Day', 'Master your Physiotherapy Interview' and 'Discover Fashion at Sunderland'.*

- **University of Law** - linked here - coming up: *'Headline Crime: What makes it newsworthy?' and 'Psychology of Crime: Inside the Case of Belle Gibson'.*

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Opportunities next week

- **Newcastle University Insights Lectures** - linked here - coming up: *'INSIGHTS: On Time: The physics that makes the universe tick by Professor Jim Al-Khalili'.*

- **University of Sheffield** - linked here - coming up: *'East Asian Studies: Disability and women's liberation activism in modern Japan'.*

- **Royal Veterinary College** - linked here - coming up: *'Discover the RVC - BSc Bioveterinary Science Taster Session'.*

- **Channel Talent** - linked here - coming up: *'Electrochemistry: Making Molecules with Electricity with Professor Thomas Wirth', 'Physics at the Large Hadron Collider with Dr Marcus Madurai', 'Extended Project Qualification: Research Methodology', 'Physics: Explosions in Space – The Sun's Bad Days! with Dr Owen Roberts', 'Criminology: 'Heroic' or 'Pathetic'? An Assessment of How We Understand Victims and Victimhood with Professor Jon Garland', 'Linguistics: How do Children learn Language? What Chinese can teach us about the Human Mind? with Dr Hongling Liang', 'History of Art: The Sublime Sea in Art with Dr Sarah Wade' and 'Forensic Science: Digging up the Bodies with Dr David Errickson'.*

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Opportunities for Parents & Carers

Unifrog Parent & Carer Session



Parent and caregivers: helping your child navigate apprenticeship applications

Parents | Virtual

Part of event series: Application masterclasses ›

Want to help your child succeed in applying for apprenticeships? Join us to get a clear breakdown of the modern recruitment process, including written applications, assessment centres, and interviews. Learn practical ways to support and guide them through each stage with confidence!

› Tue 24 Nov 17:30-18:15 UK time

Linked here

Student Finance Parent & Carer Session

Linked here

HE Guidance: Student Finance – Supporting Your Young Person – A Parent/Carer Event with Harry Ward and Billie Sutterby, Higher Education Advisers from University of East Anglia

November 24 @ 18:00 - 18:45

Apprenticeships



You're hired! How to land an apprenticeship

Students | Virtual

Part of event series: Application masterclasses ›

Want your application to give you the best chances of getting hired? Applying for apprenticeships can feel competitive, but a few smart moves can make your application stand out! In this session, discover how to identify the right roles for you and manage multiple applications without falling into common traps. We'll cover essential dos and don'ts to ensure your applications get noticed by top employers!

› Tue 24 Nov 16:30-17:15 UK time

Linked here

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Ongoing Opportunities

- UCAS Hub Live Sessions - linked here - *UCAS run live sessions in the UCAS Hub to help those researching their next steps, and record them all. You can access them using the link above. The topics covered include universities, apprenticeships, interviews and auditions.*

- Prospects - Future You webinars - linked here - *Get inspiring advice and in-depth insights from employers, careers advisers, students and graduates by attending the Future You webinars from Prospects.*

- Join the dots - linked here - *Join the Dots is a university transition programme designed to support students facing the greatest challenges in making a successful transition to university.*

- Year 13 - Pathways to Newcastle - linked here - *Through our academic-led online programme, you could receive lower entry requirements to Newcastle University and develop the skills you need for success at university and beyond.*

- Aspire Guide - linked here - *Your essential guide to careers, further education and university.*

- Amazing Apprenticeships - linked here - *Amazing Apprenticeships is a leading organisation in the education sector. For over a decade we have been working to tackle misconceptions about apprenticeships and technical education, promote their benefits, and push the boundaries of what the sector can do.*

- Channel Talent - linked here - *Channel Talent is a live and interactive video conferencing / webinar service which links universities and businesses to schools. Channel Talent beams university lecturers, admissions personnel, university students and apprentices into the school classroom in addition to including individual students.*

Useful Links

- University Open Days - linked here
- UCAS Apprenticeships - linked here
- UCAS - linked here
- Sixth Form Bursary - linked here
- Unifrog - linked here (all students have an account)
- University Taster Days - linked here
- Student Finance Guide - linked here